

## LFC INSURANCE GROUP ESSEX OLYMPIAN FOOTBALL LEAGUE

### LEAGUE CUP COMPETITION

1. The Competition shall be designated as the LFC Insurance Group Essex Olympian Football League Cup Competition.
2. The Competition shall be conducted on a knock-out basis as determined by the League Management Committee and shall be open to Clubs in membership. The Competition shall be affiliated to the Essex County Football Association.
3. The entrance fee shall be £50.00 per Club payable on or before 30<sup>th</sup> June in each year. Clubs in default shall be fined **£25.00**.
4. The Competition shall be managed by the League Management Committee.
5.
  - (a) Players shall be registered members of the Club in accordance with League Rule 8 (B) they represent and shall have played, except in the first, second, and third rounds of the Competition, for such Club in at least FIVE Essex Olympian Football League competitive matches (these shall include the first, second and third round League Cup, League Challenge Cup and League matches, but shall NOT include any County Cup, friendly or representative matches), during the current season. In all ties no player shall have played for more than one Club in any of the current season's League Cup or Denny King Memorial Cup matches. Any Club playing an ineligible player shall be fined not less than **£10.00** and not more than **£50.00** in respect of each player concerned, and shall be struck out of the Competition and the match shall be awarded to their opponents. **Note:-** Prior to the first, second and third rounds players may be signed on prior to the match in accordance with League Rule 8 (B)(ii)
  - (b) A team competing in the Reserve Section Cup Competition shall NOT include more than THREE players who have played in the Senior Section Cup Competition and/or the Denny King Memorial Trophy. Any such Senior players shall be debarred if they have played in 10 or more Senior Division League and League Cup and/or the Denny King Memorial Trophy matches in the current season (this includes any transferred players who are not cup-tied). All such players shall be deemed ineligible players and subject to the penalties referred to in Cup Rule 5 (a). Players who shall have played in the Reserve Section Cup Competition SHALL be allowed to take part in the Senior Section Cup Competition.
  - (c) Clubs playing in a Section Cup Final must submit the names of the players, from whom their team will be selected, to the Hon. Registration Secretary at least SEVEN days before the day of the match. Clubs in default shall be fined **£15.00**.
6. Referees for all matches and Asst. Referees for the semi-finals (if available) and final shall be appointed by the Management Committee.  
In matches prior to the final, neutral Asst. Referees may be appointed (see League Rule 13 (e)), if not each Club shall provide an efficient Asst. Referee, for the whole of the game.  
The home Club shall pay the referee and Asst Referee where appointed by the League. Fees for Asst. Referees where appointed by the league to be shared equally between both competing clubs  
In all cases the monies due shall be paid by the home club to officials immediately after the match, in their own dressing room. Clubs in default of this Rule shall be fined **£25.00** for each offence.
7. The draw shall be made by the Management Committee who will also fix the grounds and dates by which the ties shall be played. In all ties, the duration of play shall be ninety minutes (45 minutes each way), but in the event of the scores being equal at the expiration of ninety minutes, an extra thirty minutes (15 minutes each way) shall be played, subject to the proviso that in the opinion of the Referee light or conditions will not permit full-time to be played he may (a) reduce the playing period to forty minutes

each way and the extra periods to ten minutes each way, or (b) reduce the extra time to ten minutes each way. If the scores are still equal at the end of extra time, the match shall be decided by a penalty competition in conformance with the current rules of the Football Association.

**8.** With the exceptions above stated, the Rules of the LFC Insurance Group Essex Olympian Football League shall, wherever applicable, govern this Competition.

**9.** Each Club shall be deemed to have given its assent to the foregoing Rules and to abide by the decisions of the Management Committee, subject to Rule 15 of the League Rules.

**10.** Time of kick-off shall be:-

Aug to Oct 2.15 p.m.,

Nov to Feb 1.30 p.m.

Mar to May 2.15 p.m.

Clubs may mutually agree upon earlier or later (if floodlight facility is available) times, but results shall be telephoned by the time stipulated in Rule 11(c) as if the match had commenced at the normal time specified above.

### **LFC INSURANCE GROUP CHALLENGE CUP COMPETITION**

**1.** The Competition shall be designated The LFC Insurance Group Essex Olympian Football League Challenge Cup Competition.

**2.** The Competition shall be conducted as determined by the League Management Committee.

**3.** The Competition shall be OPEN to the Senior Section Premier Division League Champions and Senior Section League Cup Winners (Reserve Challenge Cup; Reserve Section Division 1 League Champions and Reserve Section League Cup Winners). In the event of one Club winning BOTH the League and Cup Competitions the Senior Section Premier Division (Reserve Section Division 1) League Runners-up may participate, at the League Management Committee's discretion.

**4.** Duration of play and extra time shall be in accordance with the current rules of the LFC Insurance Group Essex Olympian Football League, League Cup Competition, with the exception that in the event of the scores still being equal at the end of extra time, there will be NO replay or penalty competition, and trophy shall be shared.

**5.** With the exceptions above stated the rules of the LFC Insurance Group Essex Olympian Football League Cup Competition shall, wherever applicable, govern this competition.

### **THE DENNY KING MEMORIAL CUP**

**1.** The competition will be for Senior teams who do not make it through to the last sixteen of the Senior Division Cup Competition.

**2.** The competition will be on a knock-out basis.

**3.** The draw for the competition shall take place at the October Management Committee Meeting.

**4.** The rules of the competition shall be as the rules of the LFC Insurance Group Essex Olympian Football League League Cup Competition.